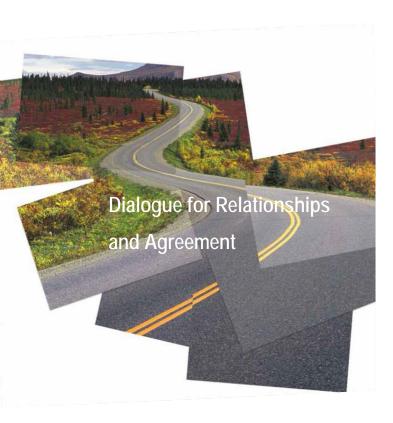
On the Table Consulting

Individual and Team Coaching



Our Approach

On the Table Consulting can assist at the beginning of the planning process or work in, we work from a position of flexibility and partnership.

Our skill set is broad and deep, built over decades of experience.

We apply time tested principals and know what works, and why it works.

Our collaborative efforts with clients ensures the most effective solutions are implemented to meet your challenges.

Ongoing Services

Individual and Team Coaching

Coaching can boost an individual's self-confidence and performance, leading to a successful career.

Organisations' benefit from individual coaching.

Teams' profit from coaching by exploring and continuously improving how to they work together

- Helping individuals to understand their motivation, behaviour and performance.
- Inspire individuals to find meaning at their jobs. Infusing energy into supporting business initiatives and working with others effectively.
- Motivating leaders to successfully engage with their employees. Developing a deeper understanding of what inspires employee engagement and performance.
- Build stronger teams by identifying their shared purpose, values, and unified ways to contribute with excellence.

Rapid needs assessment and execution of solutions

When you aren't trying to boil the ocean and want to address a specific set of issues and challenges, a short concise assessment is often enough. Assessment can offer an opportunity to openly discuss specific needs.

We identify needs and facilitate theplanning and execution of agreed solutions.

We manage the implementation phase to ensure long-term change by:

- Identifying individuals or groups struggling in their work.
- Determining how leaders can successfully execute their strategy.
- Implementing proven business practice.
- Working with the business to achieve results.
- Clarifying the best use of training and development principles.
- Finding meaningful and inspiring ways to coach people.

Aligning Strategy and Team Performance

More than ever teams' must align themselves to the business strategy to be successful.

- Creation of strategy maps to meet business goals by department.
- Combination of strategy and performance management.
- Daily activities that demonstrate a strategic focus.
- Powerful plans for successful team progress.
- Ongoing assessment and adjustment for optimum results.

Kylie Head: Principal Consultant

Kylie has over twenty years' experience as part of executive and senior management teams in the areas of strategy, marketing, business development and management.

Kylie's ability to facilitate change is proven for individuals, teams, and business units across a variety of industries. She has a particular strength in coaching developing leaders and those facing a challenge. Kylie uses her strong background in management to assist clients to reach their goals. Kylie has coached executives and senior staff member across the public and private sector, guiding and supporting them as they have accelerated their performance. Kylie both empathises and challenges clients.

Services: The Workshops Individually Oriented

- Coaching Managers of People.
- Applied Mediation Skills.
- Managing Difficult Conversations.

Services: The Workshops Team Oriented

- Improving team relationships and cooperation.
- Creating a customer focused culture.
- Unifying to achieve results.

Executive Benefits

- Develop leadership skills and practices; coaching skills to implement.
- Create a vision and clarify personal purpose.
- Leverage existing strengths and improve performance.
- Create a personal Executive Strategy.
- Executive leadership competencies crucial to the organisation's culture.
- Positive and sustainable behaviour change.
- Sustained support through the coaching journey.
- Gain greater work/life perspective.

Business Benefits

- Improve employee engagement and commitment.
- Retain top performing staff.
- Enhance individual and organisational performance.
- Enhance your client relationships.
- Succession planning and of key executives.
- Techniques for improved productivity and development.
- Be positioned for continued growth and success.
- Enhance company reputation in the industry.

Areas of Expertise

- Executive and Life Coaching
- Change Management
- ▶ Leadership Development
- Organisational Alignment
- Performance Management
- → Workplace Communication
- Teambuilding
- Process Improvement
- Customer Centricity
- Rapid, Targeted Needs Assessment
- Retention and Morale Building
- Action Learning



On the Table Consulting

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